

Mareike Mutzberg

Author of Kaleidoscope Mind



The Pattern

- You fall in love with a topic
 - You go deep, get good fast
 - You reach a point of “enough” — and hit a dip
 - Doubt, impostor feeling, distance
 - Eventually, the next idea takes over → the cycle starts again
- **the result: a lot of energy, but no clear decisions**



When you don't fit one box — and clarity keeps getting lost

A talk about multi-directional minds — and why clarity doesn't come from focus

Format

- 60–90 mins
- focused input + short reflections

Who this is for

Relevant for founder groups, EO chapters, and teams where many ideas exist — but clarity, decisions, and consistent execution are hard to achieve

What it is about

- recognising your own cycle
- understanding what really happens in the dip
- creating clarity without forcing yourself into one direction

What people walk away with

- a clear picture of their own pattern
- a different way to deal with doubt and switching
- next steps that actually feel right

Booking

contact me



mareikemutzberg.com



contact@mareikemutzberg.com